

The total vertical value below is a human being who is 100% involved in an exclusive mental state, they are asleep.

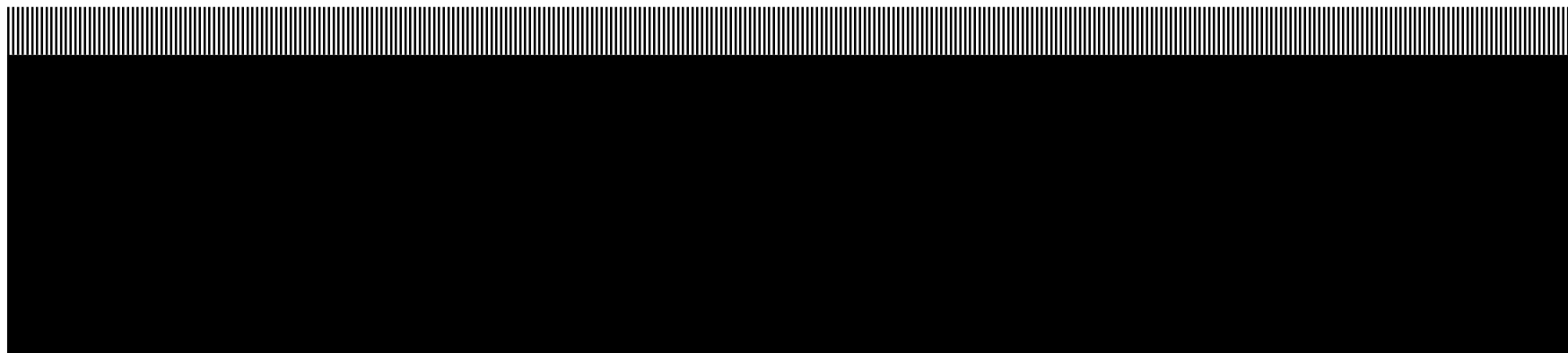
The white lines of the striped band below proportionately, horizontally represents one year of your conscious life in time and mental capacity.

Your conscious mental capacity is represented exactly by the white spaces between the lines, 66.66% of the total horizontal and 14% of the total vertical.

Your unconscious mental capacity is represented by the black lines, 33.33% of the total horizontal, while asleep, or 100% unconscious, and the 86% of the total vertical of the black body at the bottom while awake.

Your unconscious existence is constant from birth to death your conscious existence is broken every day.

How do we know what is represented by the black body of unconscious, connected to or effecting the sleep states; is not dynamic with mixing from the right, the future, or from the left the past; and in turn controlling our perceptions, fears and intuition?



Is life mostly an unconscious mental event?

Why we do rarely acknowledge the unconscious or work with it at all?"